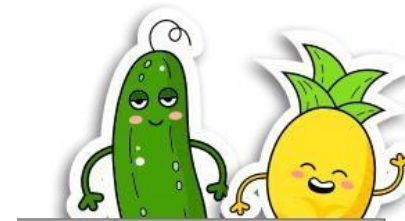




Lunch Menu - Autumn Term



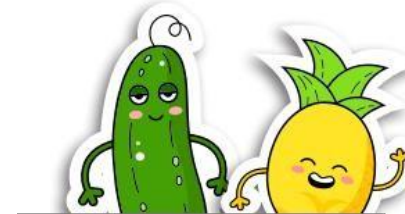
Week 1 **Week Commencing** – 2 September – 21st September – 12th October

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Pepperoni pizza served with coleslaw Contains: Gluten, Milk	Cottage pie served with seasonal vegetables Contains: Gluten	Hot dog in a bun served with potato wedges and hoops Contains: Gluten	Spaghetti bolognese served with seasonal vegetables Contains: Gluten	Crispy fish fingers served with chips and peas Contains: Gluten, Fish
Green Option	Cheese pizza served with sweetcorn Contains: Gluten, Milk	Quorn cottage pie served with seasonal vegetables Contains: Gluten	Quorn sausage in a bun served with potato wedges and hoops Contains: Gluten	Quorn bolognese served with seasonal vegetables Contains: Gluten	Quorn nuggets served with chips and peas Contains: Gluten
Dessert	Choice of fresh fruit or organic yoghurt Contains: Milk	Vanilla sponge cake Or choice of fresh fruit Contains: Gluten, Milk Eggs	Choice of fresh fruit Or Organic yoghurt Contains: Milk	Chocolate sponge cake served with chocolate custard or choice of fresh fruit Contains: Gluten, Milk Eggs	Assorted flavours of ice cream or choice of fresh fruit Contains: Milk

**Also available daily – Jacket Potatoes with choice of fillings, choices of salad
(Jacket Potato fillings contain: Fish, Egg, Milk)**



Lunch Menu - Autumn Term



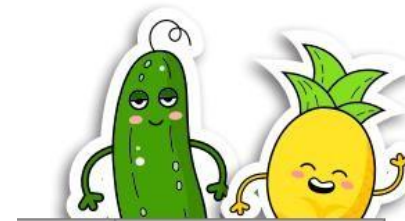
Week 2 **Week Commencing** – 7th September – 28th September – 19th October

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Tuna pasta bake served with salad Contains: Gluten, Eggs, Fish	Ham & cheese whirl served with sweetcorn Contains: Gluten	Roast chicken served with Yorkshire puddings, potatoes, gravy & seasonal vegetables Contains: Gluten	Beef burger in a bun served with potato wedges and beans Contains: Gluten, Sesame	Crispy fish fingers served with chips and peas Contains: Gluten, Fish
Green Option	Macaroni & cheese served with salad Contains: Gluten, Milk	Cheese & potato whirl served with sweetcorn Contains: Gluten, Milk	Quorn roast served with Yorkshire puddings, potatoes, gravy & seasonal vegetables Contains: Gluten & Eggs	Quorn burger in a bun served with potato wedges and beans Contains: Gluten, Sesame	Quorn nuggets served with chips and peas Contains: Gluten
Dessert	Choice of fresh fruit or organic yoghurt Contains: Milk	Chocolate chip sponge cake Contains: Gluten, Milk & Eggs	Choice of fresh fruit or organic yoghurt Contains: Milk	Shortbread biscuit or choice of fresh fruit Contains: Gluten, Milk	Assorted flavours of ice cream or choice of fresh fruit Contains: Milk

**Also available daily – Jacket Potatoes with choice of fillings, choices of salad
(Jacket Potato fillings contain: Fish, Egg, Milk)**



Lunch Menu - Autumn Term



Week 3 **Week Commencing** – 14th September – 5th October

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Chicken fajita served with sweetcorn Contains: Gluten	Homemade meatballs in a rich tomato sauce served with seasonal vegetables Contains: Gluten	Sausage Rolls served with Cubes potato and hoops Contains: Gluten	Chinese chicken served with vegetable noodles Contains: Gluten	Crispy fish fingers served with chips and peas Contains: Gluten, Fish
Green Option	Quorn chicken fajita served with sweetcorn Contains: Gluten	Quorn meatballs in a rich tomato sauce served with seasonal vegetables Contains: Gluten	Quorn Sausage served with cube potatoes and hoops Contains: Gluten	Quorn chicken served with vegetable noodles served Contains: Gluten, Eggs	Quorn nuggets served with chips and peas Contains: Gluten
Dessert	Choice of fresh fruit or organic yoghurt Contains: Milk	Flapjack Or Choice of fresh fruit Contains: Gluten	Apple crumble and custard Contains: Gluten, Milk	Spiced ginger cake or choice of fresh fruit Contains: Gluten, Milk & Eggs	Assorted flavours of ice cream or Choice of fresh fruit Contains: Milk

Also available daily – Jacket Potatoes with choice of fillings, choices of salad
(Jacket Potato fillings contain: Fish, Egg, Milk)